

# **MODULE SPECIFICATION FORM**

Module Title: Applied Bioscience for Mental Health Level: 6 Credit Value: 20 Practice							
Module code: NUR616 Cost Centre			GANG JACS2 code: B790			90	
Semester(s) in which to be		With effect from: September 2017					
Office use only: To be completed by AQSU:			Date rev	ate approved: June 2017 ate revised: - ersion no: 1			
Existing/New: New Title of module being N/A replaced (if any):							
Originating Academic Social and Life Sciences		Module Justine Mason Leader:					
Module duration (total hours)	(	Status: core/option/elective (identify programme where stand alone appropriate):					
Scheduled learning & teaching hours Independent study hours	30 170		·				
Programme(s) in which to b	e offered:		Pre-requi	•			
BN Nursing (pre-registration) for assessment and quality assurance purposes only			orogramn between				

#### **Module Aims:**

The module aims to enable learners to build on their knowledge of physical and mental health needs to identify relevant pathophysiology and resulting complex health needs across the lifespan. It aims to further develop the integration of knowledge and practice in relation to providing holistic, individualised care based on the principles of the nursing process.

#### **Expected Learning Outcomes:**

At the end of this module, students should be able to:

Knowledge and Understanding:

- 1. Evaluate the impact of relevant altered physiology on individual conditions
- 2. Discuss the assessment, interpretation and implementation of the physical and psychological needs of service users and assess the impact of illness on the family or carer.
- 3. Construct and critically evaluate an holistic, individualised, evidence-based plan of care for a client with co-morbidities
- 4. Identify and execute opportunities for health promotion which address the management of both physical and mental health needs

Transferable/Key Skills and other attributes: Communication skills Problem solving skills Application of theory to practice Team working

#### Assessment:

The assessment for this module uses an enquiry based approach in which students work in small groups within the clinical simulation environment. Students will undertake an analysis of a given clinical situation (in the simulation suite) and identify appropriate actions. This will be supported by an individual written commentary critically analysing the evidence base for the identified intervention[s]

Assessment number	Learning Outcomes to be met	Type of assessment	Weighting	Duration (if exam)	Word count (or equivalent if appropriate)
1	1,2	Simulation	50%	15 mins	N/A
2	3	Report	50%	N/A	1500

#### **Learning and Teaching Strategies:**

Learning and teaching strategies for this module will include classroom, online and simulation-based strategies including lectures, discussion, simulation and the University's VLE

### Syllabus outline:

Metabolic disorders/ cardiovascular issues/ the pathophysiology of eating disorders/ wound management/ pharmacodynamics/ the impact of substance misuse/ infection and its impact on mental health/ recognising the deteriorating patient/ renal impairment/ hepatic impairment/ clinical systems, informatics and SBAR/ care planning/ holism/ health promotion

### Bibliography:

### **Essential reading:**

Collins, E; Drake, M; Deacon, M (eds) (2013) The physical care of people with mental health problems: a guide for best practice London: Sage

Nash, M (2010) Physical health and wellbeing in mental health nursing: clinical skills for practice Maidenhead: Open University Press

Blows, W (2010) *The biological basis of mental health nursing* London:Routledge Naidoo, J; Wills, J (2009) *Foundations for health promotion* 3<sup>rd</sup> *edition* London: Balliere Tindall

## Other indicative reading:

Healy, D (2008) Psychiatric drugs explained 5<sup>th</sup> ed London: Churchill Livingstone